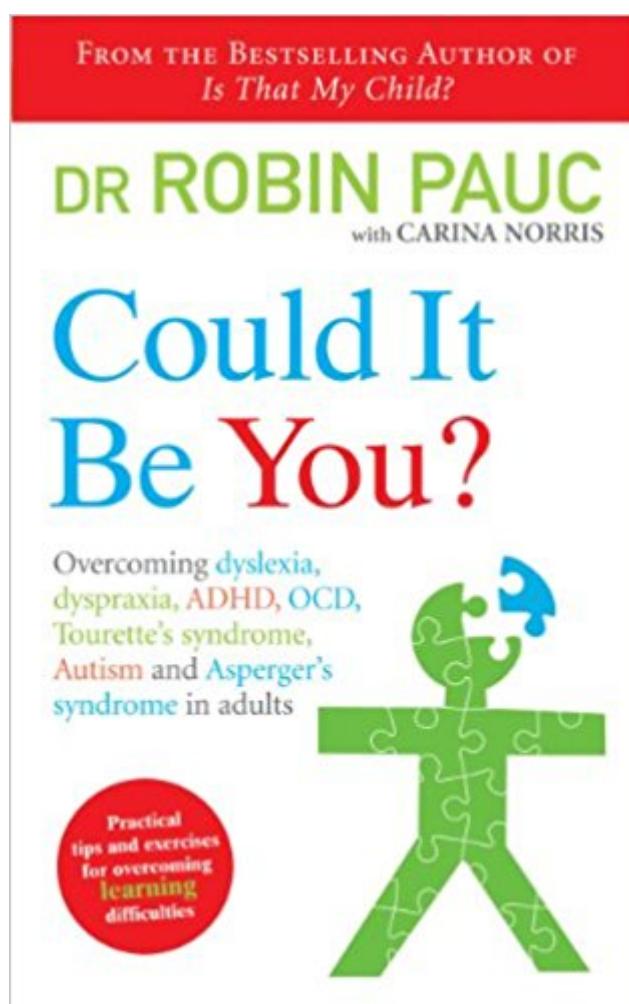


The book was found

Could It Be You?: Overcoming Dyslexia, Dyspraxia, ADHD, OCD, Tourette's Syndrome, Autism And Asperger's Syndrome In Adults



Synopsis

Following the massive success of his first book Is That My Child? - the groundbreaking guide to overcoming learning difficulties in children - Dr Robin Pauc turns his attention to adults and provides a revolutionary new way of understanding and treating conditions from dyslexia and dyspraxia to ADHD and Tourette's Syndrome. With sound advice, dietary tips and brain exercises, Dr Pauc explains the history of adult learning difficulties and provides a lifeline to those suffering from these conditions, including:

- The impact of learning difficulties on adults
- The history and symptoms of learning difficulties
- Practical ways to treat Dyslexia, Dyspraxia, ADD/ADHD, OCD, Tourette's, Autism and Asperger's syndrome
- How diet can help adults with learning difficulties
- General and specific exercises to help

Book Information

File Size: 770 KB

Print Length: 210 pages

Page Numbers Source ISBN: 0753513390

Publisher: Virgin Digital (July 6, 2010)

Publication Date: July 6, 2010

Sold by: PRH UK

Language: English

ASIN: B003U9W3KI

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #2,032,269 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #73 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Tourette Syndrome #897 in Kindle Store > Kindle eBooks > Nonfiction > Politics & Social Sciences > Social Sciences > Sociology > Marriage & Family #1265 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Neuropsychology

Customer Reviews

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to it.

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